



INTRODUCTION TO THE EUROPEAN PRESSURE ULCER ADVISORY PANEL AND THE SWEDISH CENTRE FOR SKIN AND WOUND RESEARCH

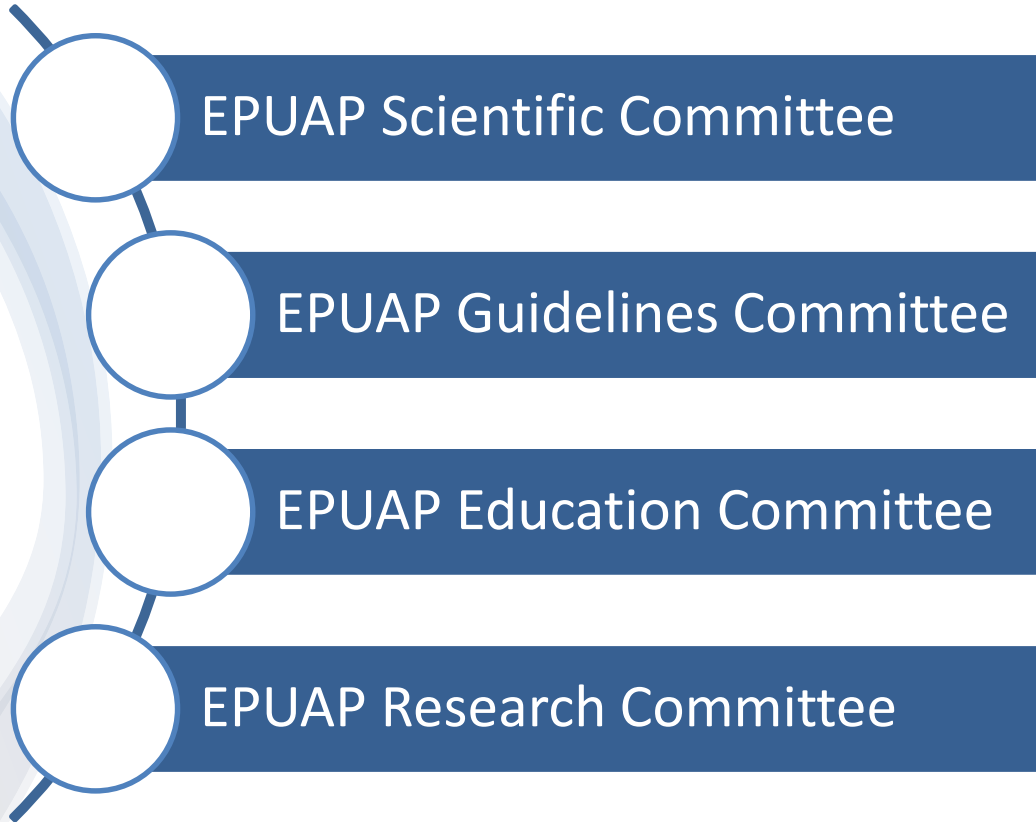
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Örebro University (SE) and Ghent University (BE)
Immediate Past President of EPUAP
President of ISTAP

VISION

The EPUAP provides platform for clinicians, researchers, educators, policy makers, industry and the public to collaboratively work on improved health outcomes for those at risk or suffering from pressure ulcers. EPUAP provides EU wide education and campaigns with accessible resources for clinicians and the public and supports international and interdisciplinary research activities and partnership. An important focus is the development of cross-continent international clinical guidelines to support practitioners in making informed decisions about interventions for prevention and treatment.

EPUAP Committees



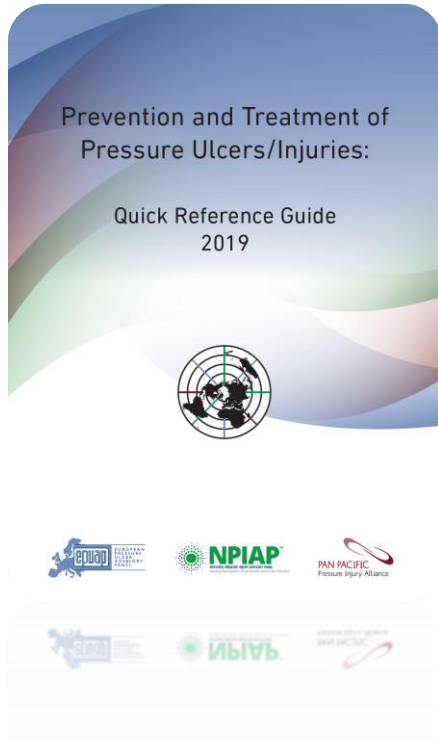
Clinical Practice Guideline on Prevention and Treatment of Pressure Ulcers



- The third edition was released in November 2019
- You can order a hard copy or an electronic version here: <https://guidelinesales.com/>
- A new edition will be launched in 2023



Development



- **Collaboration** between the European Pressure Ulcer Advisory Panel (EPUAP), National Pressure Injury Advisory Panel (NPIAP) and the Pan Pacific Pressure Injury Alliance (PPIIA).
- 14 wound organizations from 12 countries joined as **Associate Organizations**
- Full development team = **181 academic and clinical experts**, including the 12-member guideline governance group, a methodologist and 168 working group members.

Development

- Research published up to **August 2018** was critically appraised and analysed
- **114 evidence-based recommendations** supported by an overview of the underpinning research



Quick References

Guidelines Translations

For questions about CPG or QRG translations, and to submit a Translation Request Form, please contact BOTH:

- EPUAP Business office: office@epuap.org
- Guideline Translation Committee: translation@internationalguideline.com

-  [Download the 2019 Quick Reference Guide Spanish Translation version.](#)
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Quick Reference Guide Mobile App



Hurray!
The NPIAP, EPUAP, and PPIA
have launched a mobile app!

INSTALL NOW!



We proudly announce the Official Mobile App of
the Pressure Injury Prevention and Treatment
Quick Reference Guide!



The official mobile app of the
pressure injury prevention
and treatment quick
reference guide is now
translated into 8 languages:

Slovak | French | Spanish |
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The Official International Pressure Injury Prevention and Treatment Quick Reference Guide Mobile App

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EPUAP Resources



- EPUAP webinars and podcasts
- Publications and websites relevant for HCP
- COVID-19 resources and downloadable documents
- Facebook groups and forums



STOP PRESSURE ULCER DAY

18 November 2021



HOW CAN YOU GET INVOLVED?

- Host educational activities on prevention and treatment of pressure ulcers
- Organise awareness-raising events to share information about pressure ulcers
- Reach out to your local community to inform them about pressure ulcers
- Make policy makers aware of pressure ulcers
- Join STOP Pressure Ulcers community on social media

You can download promotional materials on the [EPUAP website!](http://www.epuap.org)



THE SWEDISH CENTRE FOR SKIN AND WOUND RESEARCH

A NEW RESEARCH GROUP AT ÖREBRO UNIVERSITY

WHO IS SCENTR?



- School of Health Sciences
- International partnership in interdisciplinary research
- Co- creation
- Facilitate clinical decision making
- Wound epidemiology research in the general population and in subgroups
- Focus: extremes of age, critically ill or medically compromised patients, patients requiring assistance with personal care



www.skintghent.be

WHO IS SCENTR?



www.skintghent.be

- Design, perform, analyse and publish high- quality research about efficacy, effectiveness, and efficiency of treatment interventions
- Dissemination and implementation of evidence-based skin integrity and woundcare practices (e.g. skin care interventions; prevention, early detection, diagnostic, treatment; quality improvement programs) at local, national and international level

PROJECTS

PROJECT	STATUS	COLLABORATION
Skin and woundcare at end-of-life: A systematic review	Ongoing	<ul style="list-style-type: none"> • Skin Integrity Research Group (BE)
The Swedish version of the Attitude towards Pressure ulcer Prevention instrument for use in an operating theatre (APuP-OR): A Nationwide Psychometric Evaluation	Submitted	<ul style="list-style-type: none"> • Örebro University Hospital • Uppsala University • Karlstad University • Karolinska University Hospital • Östfold University College (NO) • Skin Integrity Research Group (BE)
Wound Irrigation to Cleanse Non-Infected Chronic Wounds: Clinical Effectiveness and Exploration of International Practice in Home and Community Care (4 studies)	Started	<ul style="list-style-type: none"> • Queen's University (CA) • South East Local Health Integration Network (CA)
Development and clinical validation of a risk prediction model for incontinence- associated dermatitis (IAD) in a hospitalised adult patient population	Submitted Vetenskapsrådet	<ul style="list-style-type: none"> • Örebro University Hospital • Karstad University • Uppsala University • Malmö University • Charité Universität Berlin (GE)



PROJECTS

SWEDISH ARDS och COVID-19*

SKINT

PRONE TECT

HUDVÅRD ATT ÖVERVÄGA

när patienter positioneras i bukläge

Patienten med akut andningsviktsyndrom /andnödssyndrom (ARDS, acute respiratory distress syndrome) positioneras ofta i bukläge för att förbättra syresättning och öka överlevnad.¹ Bukläge innebär en ökad risk för hudskador tex trycksår, trycksår orsakade av medicinteknisk utrustning och fuktrelaterade hudskador.^{2,3}

Förekomsten av trycksår är ökad i bukläge jämfört med i ryggläge,⁴ därför är det viktigt att använda förebyggande åtgärder.

ATT ÖVERVÄGA:

Bukläges Team	Tillräckligt antal tillgängliga personer (5-7). Kunskap om vändning till bukläge.
Utrustning till bukläge	Förbered utrustning som behövs för vändning till bukläge: ha utrustningen bredvid sängen. Ha checklistan till hands.
Patient	Inga kontraindikationer för positionering i bukläge. Proceduren förklaras för familj eller närstående.

PUNKTER UTSATTA FÖR TRYCK:

VIKTIGT ATT UPPMÄRKSAMMA:

- Potentiella tryckpunkter med risk för trycksårutveckling
- Trycksår relaterade till medicinteknisk utrustning
Endotrakealtub, nasogastrisk sond och katetrar etc.
- Hudskada relaterad till fukt
Ökad saliv på hakan/ansiktet relaterat till bukläge.
- Hudåkommor på grund av COVID-19-infektion⁵
- Hudskador relaterat till fixationsmaterial med klister (tejp, sterila förband etc)
- Hudfliksskador
Relaterat till fixationsmaterial med klister och potentiellt skada under vändning av patient

HOW CAN YOU BE INVOLVED?



- Are you interested in wound research?
- Would you like to work with and in an international research group?
- Are you willing to participate in research proposals, ongoing research projects, etc.?
- Access to research facilities and patient recruitment?
- Become part of the team spirit (new group!).
- Mentoring and coaching

For more information please contact:

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